



Job Summary

Provides psychotherapy and other mental health services to Veterans with mental health disorders.

Primary Responsibilities

- Completes individual, group, and family psychotherapy.
- Works as part of a multidisciplinary team of healthcare professionals

Serve Veteran clients as a full member of a patient-centered mental health program dedicated to helping patients get well and stay well. Serves as an integral core team member within the multidisciplinary, patient-centered team. Important resource for patients and team members for issues related to mental health and lifestyle management to support optimal patient functioning.

Duties and responsibilities

- Provides primarily individual therapy using evidence-based treatment interventions and modalities.
- Provides evidence-based therapy for PTSD, which may include but not necessarily limited to Prolonged Exposure (PE), Cognitive Processing Therapy (CPT), or Eye Movement Desensitization and Reprocessing Therapy (EMDR). If not trained in these, should be open to formal training.
- Also may need to cross-cover other group or individual therapies at HopeWay, so be comfortable with group therapy.
- Provides some limited family therapy in family meeting settings for Veterans prior to discharge.
- Assists in development of HopeWay's expanding Veteran's Program.
- Provides education to Veterans and families about psychiatric and substance use disorders, recovery, and relevant post-treatment services available to Veterans in their local communities.
- Involves clients and families, as appropriate, in all aspects of their care including treatment planning and aftercare coordination.
- Works collaboratively as part of a multidisciplinary treatment team sharing relevant clinical information and devising specific, individualized treatment goals and interventions.
- Works diligently to complete treatment plans within the recommended timeframe.
- Provides accurate and consistent documentation of client care/response in the medical record.

- Works with professionalism and respect with all clients, families, colleagues, supervisors, and visitors of HopeWay.

Qualifications

Must possess skills that promote excellence in communication, flexibility, team-based care and decision-making. Considerable commitment to an inter-professional environment. Follow-up to ensure continuity of care and those patients are receiving appropriate behavioral health management. Understand the importance of protected health information and will abide these confidentiality requirements; be familiar with legal issues, ethical issues, insurance regulations and protocols for proper referral or application for various programs.

- Current LPC license for the state of NC
- Master's or Doctoral degree in a relevant human services field such as Social Work, Counseling, Psychology, or Marriage and Family Therapy from an accredited school of graduate education required
- Full licensure by the appropriate North Carolina professional licensing board required
- At least five years of experience providing assessments, psychotherapy, and aftercare planning with adults who possess complex behavioral health issues is preferred, but not required.
- Previous work completing diagnostic assessments of Veterans as part of a multidisciplinary diagnostic team and overall comfort working in the Veteran space is ideal.

Competencies

- Works with a high degree of integrity
- Strong work ethic
- Crisis Management Skills
- Demonstrates a high degree of flexibility
- Deals well with ambiguity
- Strong collaborator
- Caring and compassionate
- Strong verbal and written communication skills
- Works with professionalism and respect
- Abilities across multiple integrated mediums

Special Competencies

- Knowledge of the principles of growth and development and demonstrates the skills and competency appropriate to the culture and special needs of the military and Veteran population served
- Advanced counseling skills in PTSD-focused therapies
- Comfort working with other common conditions in Veterans, such as Major Depressive Disorder, Panic Disorder, Personality Disorders, Substance Abuse, Chronic Pain, and Traumatic Brain Injury
- Thinks systemically and holistically about the treatment required for clients
- Works well with individuals who experience significant, and at times, prolonged serious psychiatric illness

Physical requirements

- Works with individuals and families in a clinic office environment, within a residential health care setting, and on the grounds of the HopeWay campus
- Works with individuals who experience significant and at times prolonged serious psychiatric illness
- As part of a residential health care setting, will work in all areas including outside, in the gymnasium, and the grounds areas.
- Frequent moving from one area of campus to another while coordinating with other team members.