



HOPEWAY

Job Title: Primary Therapist

Scope

Provides mental health and substance abuse services to individuals with psychiatric and substance use disorders.

Primary Responsibilities

- Completes individual, group and family psychotherapy.
- Works as part of a multidisciplinary team of healthcare professionals

Performance Requirements

- Provides individual, group, and family therapy using evidence-based treatment interventions and modalities including Cognitive-Behavioral Therapy and Dialectical Behavior Therapy
- Provides education to patients and families about psychiatric and substance use illnesses, recovery, relevant post-treatment services available to clients in their local communities
- Works collaboratively as part of a multidisciplinary treatment team sharing relevant clinical information and devising specific, individualized treatment goals and interventions
- Involves clients and families, as appropriate, in all aspects of their care including treatment planning and aftercare coordination
- Provides accurate and consistent documentation of client care/response in the medical record
- Works with professionalism and respect with all clients, families, colleagues, supervisors, and visitors of HopeWay

General Competencies

- Works with the highest degree of integrity
- Displays a strong work ethic
- Demonstrates a high degree of flexibility
- Deals well with ambiguity
- Is a strong collaborator
- Can operate telephones, computers, and general office equipment

Core Competencies – *this position should have sufficient preparedness in the following areas:*

- A current LPC license for the state of NC
- Current CPR and First Aid certifications
- Crisis Management Skills
- Knowledge of emergency and safety procedures for fire, accidents, disaster and unplanned incidents
- Works with professionalism and respect with all clients, families, colleagues, supervisors, and visitors of HopeWay



HOPEWAY

- Is caring and compassionate
- Possesses excellent analytical skills
- Communicates effectively, with professionalism and respect in a variety of formats in all areas of practice
- Critical thinking and ability to concentrate
- Strong written and verbal communication skills

Special Competencies

- Knowledge of the principles of growth and development and demonstrates the skills and competency appropriate to the ages, culture, developmental stages, and special needs of the patient population served
- Advanced counseling skills in the areas Cognitive-Behavioral Therapy and Dialectical Behavior Therapy
- Thinks systemically and holistically about the treatment required for clients
- Works well with individuals who experience significant, and at times, prolonged serious psychiatric illness

Physical Requirements

- Works with individuals and families in a clinic office environment, within a residential health care setting, and on the grounds of the HopeWay campus
- Works with individuals who experience significant and at times prolonged serious psychiatric illness
- Frequent moving from one area to another and coordinating/communicating with other team members in various disciplines and agencies

Education, Experience and Certification

- Master's degree in a relevant human services field such as Social Work, Counseling, Psychology, or Marriage and Family Therapy from an accredited school of graduate education required
- Full licensure by the appropriate North Carolina professional licensing board required
- At least two years of experience providing assessments, psychotherapy, and aftercare planning with adult who possess complex behavioral health issues required
- Previous work completing diagnostic assessments as part of a multidisciplinary diagnostic team preferred

Protected Health Information

- Will limit access to protected health information (PHI) to the information reasonably necessary to do the job
- Will share information only on a need to know basis for work purposes
- Access to verbal, written and electronic PHI for this job has been determined based on job level and job responsibility within the organization
- Computerized access to PHI for this job has been determined as described above and is controlled via user ID and password