



PARTIAL HOSPITALIZATION:					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM	Art Therapy	Recreation Therapy	Process Group	CBT	Horticulture Therapy
9:30 AM		Health Promotion	Music Therapy		DBT
10:00 AM	DBT			Self-Awareness	
10:30 AM		Music Therapy	Healthy Relationships	Relapse Prevention	Nutrition Education
11:00 AM					
11:30 AM	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 PM					
12:30 PM	Meditation	Drumming	Meditation or Pet Therapy (weekly rotation)	Journaling	Meditation
1:00 PM					
1:45 PM	CBT	Yoga	Recreation Therapy	Horticulture Therapy	Substance Abuse or Enrichment
2:00 PM					
2:30 PM					
3:00 PM	Depart	Depart	Depart	Depart	Depart
3:30 PM					
4:00 PM	Depart	Depart	Depart	Depart	Depart

**Subject to change.*