



Job Description

Job title	<i>Program Therapist – Full Time</i>
Reports to	<i>Dr. Greer Mitchell</i>
Schedule and Status	<i>May be exempt or non-exempt from over time; M-F 8:30 am to 5:30 pm - on average</i>

Job Summary

Provides excellent individual, group and family therapy to clients struggling with eating disorders, disordered eating patterns, and/or co-occurring medical or psychiatric conditions. Completes comprehensive assessments, develops care plans and contributes meaningful information to the multi-disciplinary team. Serves as a professional role model and clinical resource for clients, families and colleagues.

Serves clients as a full time member of a patient-centered mental health center dedicated to helping patients get well and stay well. Provides referrals and education services across the continuum of care. Serves as an integral core team member within the inter-professional patient centered team. Important resource for patients and team members for issues related to mental health, chemical health, and lifestyle management to support optimal patient functioning.

Duties and responsibilities

- Provides individual, group, and family therapy using evidence-based treatment interventions and modalities including Family Based Therapy and Cognitive Behavioral Therapy
- Works collaboratively as part of a multidisciplinary treatment team sharing relevant clinical information and devising specific, individualized treatment goals and interventions
- Collaborating and interacting with referring therapists and team members
- Involves clients and families, as appropriate, in all aspects of their care including treatment planning and aftercare coordination
- Provides accurate and consistent documentation of client care/response in the medical record
- Works with professionalism and respect with all clients, families, colleagues, supervisors, and visitors of HopeWay

Qualifications

Must possess skills that promote excellence in communication, flexibility, team-based care and decision-making. Considerable commitment to an inter-professional environment. Follow-up to ensure continuity of care and those patients are receiving appropriate behavioral health management. Understand the importance of protected health information and will abide these confidentiality requirements; be familiar with legal issues, ethical issues, insurance regulations and protocols for proper referral or application for various programs.

- Provisional or associate licensed counselor, social worker or family therapist with a valid NC license. Full licensure as a LCMHC, LMFT, LCSW or a licensed Clinical Psychologist (PsyD or PhD) is preferred.
- Experience working with clients who have eating disorders is preferred
- Experience working in higher levels of care is preferred

Competencies

- Works with a high degree of integrity
- Strong work ethic
- Ability to be flexible
- Strong collaborator
- Caring and compassionate
- Strong verbal and written communication skills
- Works with professionalism and respect
- Abilities across multiple integrated mediums

Physical requirements

- Frequent moving from one area of campus to another and coordinating with other team members.
- Must be able to lift 15-25 pounds.

Approved by:	<i>Mike Carroll</i>
Date approved:	<i>June 2022</i>
Reviewed:	<i>Date when the job description was last reviewed</i>