Residential Packing Checklist

Appropriate Items to Bring:

**Clothing:**
- □ 7-10 day supply of clothing: Please note, there is limited amount of closet and armoire space. Over packing may result in clothes being sent back with a loved one. All clothing must be modest and appropriate.
- □ 2-3 pairs of shoes: Comfortable, walking shoes

**Toiletries:**
- □ Soap, shampoo, deodorant, toothpaste, toothbrush
- □ Hair dryers, curling irons, flat irons and battery operated electric razors (*please note these items will be stored by the residential staff when not in use*)

**Electronics:**
- □ Cell phone, laptop, MP3 player, Kindle

**Medications:**
- □ Current prescribed medication in the original pharmacy labeled pill bottle
- □ All over the counter medications taken regularly e.g. vitamins, pain relief medications, supplements (*Please note, we are unable to accept medications that are not in the original pill bottle. Pill boxes cannot be utilized.*)

**Miscellaneous:**
- □ Eye glasses, hearing aids
- □ Water bottle
- □ Battery operated electric razor
- □ Books appropriate for recovery
- □ If you are a smoker, we encourage you to bring some type of smoking cessation product e.g. nicotine patch or nicotine gum.
- □ Photos for your room are permitted but please do not bring glass picture frames. Please note items cannot be attached to the wall.

*HopeWay will provide the following:*
- □ Bedding, blanket, pillow, towels
- □ Tide laundry detergent
- □ Toilet paper
- □ Hand soap
- □ Clothes hangers/armoire

*Items to remain at home:*
- □ Cigarettes, vape pen, or electronic cigarettes
- □ Lighters or matches
- □ Alcohol, illegal substances
- □ Any non-electric razors
- □ Valuables, including jewelry
- □ Outside food
- □ Video game consoles and controllers
- □ Glass of any kind
- □ Comforters, blankets, pillows and stuffed animals
- □ Hair dye/hair color

*Please contact your Admission Specialist if you have questions about bringing items not listed.*